



FQMS Band Practice Log 8: Jan. 1, 2012 – Jan. 14, 2012

Name _____ Grade _____

Please write down three Long Term Goals that you plan on achieving during the next two weeks.

Goal 1 _____

Goal 2 _____

Goal 3 _____

Record your time spent practicing (in minutes) here:

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Weekly Total
Jan. 1	Jan. 2 Tbn Choir	Jan. 3 Blue Jazz	Jan. 4 Gold Jazz	Jan. 5 <i>No J. Combo</i>	Jan. 5 <i>S & E Reg Due Jazz @ RHHS</i>	Jan. 7	
Jan. 8	Jan. 9 Tbn Choir	Jan. 10 <i>No Blue Jazz Win. Con. # 2</i>	Jan. 11 Gold Jazz	Jan. 12 Jazz Combo	Jan. 13	Jan. 14	

Was your practicing successful? How do you know? Describe your success for of the three goals listed above. *Be specific!* If you were not successful, what still needs to be changed or improved?

Outcome for **Goal 1**

Outcome for **Goal 2**

Outcome for **Goal 3**

Please remember the grading system (*per week*): "A" = 150 + min., "B" = 120 - 149 min., and "C" = 90 - 119 min.. "D" = 60 - 89 min., and "E" = less than 60 minutes. **If this log has not been graded by Jan. 20, it will not be counted for the quarter.** Please note: omitting goals [Goal 1, etc.] and/or outcomes will result in a lowering of each weekly grade by one Letter Grade. This Practice Log will count towards the 2nd Quarter grading period. This is Practice Log No . 8 (2011-PLog-8).

Parent Signature / Date

Please be sure that your Goals and Objectives are **clear** and **specific**. Do *not* write something as generic as "to improve" or "get better at..." How will you improve? In what way can we *measure* your success? Do not include "scheduling goals" such as "I will practice every day" or "I will practice at least 20 minutes."