



# FQMS Band Practice Log 10: Jan. 29, 2012 – Feb. 11, 2012

Name \_\_\_\_\_ Grade \_\_\_\_\_

Please write down three Long Term Goals that you plan on achieving during the next two weeks.

Goal 1 \_\_\_\_\_

Goal 2 \_\_\_\_\_

Goal 3 \_\_\_\_\_

Record your time spent practicing (in minutes) here:

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Weekly Total
Jan. 29	Jan. 30 Tbone Choir	Jan. 31 Blue Jazz	Feb. 1 Gold Jazz	Feb. 2 Jazz Combo	Feb. 3	Feb. 4 Solo Festival	
Feb. 5	Feb. 6 Tbone Choir	Feb. 7 Blue Jazz	Feb. 8 Gold Jazz	Feb. 9 Jazz Combo	Feb. 10	Feb. 11	

Was your practicing successful? How do you know? Describe your success for of the three goals listed above. *Be specific!* If you were not successful, what still needs to be changed or improved?

Outcome for **Goal 1**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Outcome for **Goal 2**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Outcome for **Goal 3**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please remember the grading system (*per week*): "A" = 150 + min., "B" = 120 - 149 min., and "C" = 90 - 119 min.. "D" = 60 – 89 min., and "E" = less than 60 minutes. **If this log has not been graded by Feb. 17, it will not be counted for the quarter.** Please note: omitting goals [Goal 1, etc.] and/or outcomes will result in a lowering of each weekly grade by one Letter Grade. This Practice Log will count towards the 3<sup>rd</sup> Quarter grading period. This is Practice Log No . 10 (2011-PLog-10).

\_\_\_\_\_  
Parent Signature / Date

Please be sure that your Goals and Objectives are **clear** and **specific**. Do *not* write something as generic as "to improve" or "get better at..." How will you improve? In what way can we *measure* your success? Do not include "scheduling goals" such as "I will practice every day" or "I will practice at least 20 minutes."