



FQMS Band Practice Log 1: Sept. 11, 2011 – Sept. 24, 2011

Name _____ Grade _____

Please write down three Long Term Goals that you plan on achieving during the next two weeks.

Goal 1 _____

Goal 2 _____

Goal 3 _____

Record your time spent practicing (in minutes) here:

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Weekly Total
Sept. 11	Sept. 12	Sept. 13	Sept. 14	Sept. 15	Sept. 16	Sept. 17	
Sept. 18	Sept. 19	Sept. 20	Sept. 21	Sept. 22	Sept. 23	Sept. 24	

Was your practicing successful? How do you know? Describe your success for of the three goals listed above. *Be specific!* If you were not successful, what still needs to be changed or improved?

Outcome for **Goal 1**

Outcome for **Goal 2**

Outcome for **Goal 3**

Please remember the grading system: "A" = 150 + min., "B" = 120 - 149 min., and "C" = 90 - 119 min.. "D" = 60 - 89 min., and "E" = less than 60 minutes. **If this log has not been graded by Oct. 1, it will not be counted for the quarter.** Please note: omitting goals [Goal 1, etc.] and/or outcomes will result in a lowering of each weekly grade by one Letter Grade. This Practice Log is the first Practice Log in the 1st Quarter grading period. This is Practice Log No . 1 (2011-PLog-1).

Parent Signature / Date

Please be sure that your Goals and Objectives are **clear** and **specific**. Do *not* write something as generic as "to improve" or "get better at..." How will you improve? In what way can we *measure* your success?